

The Divine Mercy Chaplet



In 1933, God gave Sister Faustina a striking vision of His Mercy, Sr. Faustina tells us: "I saw a great light, with God the Father in the midst of it. Between this light and the earth I saw Jesus nailed to the Cross and in such a way that God, wanting to look upon the earth, had to look through Our Lord's wounds and I understood that God blessed the earth for the sake of Jesus."

1.) Begin with the Sign of the Cross, 1 Our Father 1 Hail Mary and the Apostles Creed.

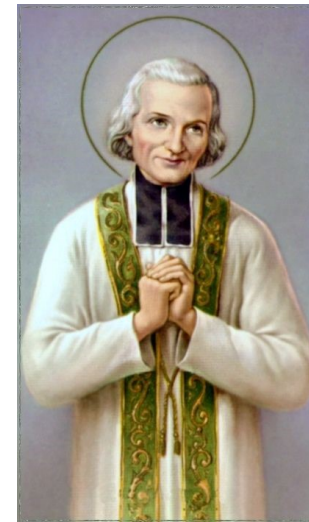
2.) Then on the Our Father Beads say the following: **Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.**

3.) On the 10 Hail Mary Beads say the following:
For the sake of His sorrowful Passion, have mercy on us and on the whole world.
Repeat step 2 and 3 for all five decades.

4.) Conclude with *(three times)*:
Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world.

Updated April 2018

ST. JOHN VIANNEY CATHOLIC CHURCH



PRAYERS THAT CATHOLICS SHOULD KNOW!

“Prayer is not asking. Prayer is putting oneself in the hands of God, at His disposition, and listening to His voice in the depth of our hearts.”

Saint Mother Teresa of Calcutta

Teaching Children to Pray

The Acorn Doesn't Fall Far from the Tree

By far, the most important factor in teaching your children to pray is your own example. By far. By far. Let me say it again: by far. This is common sense, but it is also supported by an abundant and still-accumulating amount of psychological research. The most influential factor in children's development, even through and out of adolescence, is parental example. This is how we are made: to learn behavior from our parents. If you pray regularly, and your children know this and see this, they will find it much easier to weave prayer into their own lives, and, what is even more important in the long run, to consider prayer an essential part of being human. If you don't have a regular, heartfelt, maturing life of prayer, it will be extremely difficult for you to teach your children to pray.

Along the same lines, your children need to see that your relationship with God affects positively your daily life. This doesn't mean that they expect you to be perfect – even saints lose their tempers, fall into bad moods, and sometimes say the wrong thing. Certainly, as we grow spiritually and come closer to Christ, that will happen less frequently and less violently. But in the meantime, the way we show that our religion matters, that our prayer life is relevant, is

On Tuesday & Friday, meditate on the “Sorrowful Mysteries”

First Decade: The Agony of Our Lord in the Garden
(Matthew 26:36-56)

Second Decade: Our Lord is Scourged at the Pillar
(Matthew 27:26)

Third Decade: Our Lord is Crowned with Thorns (Matthew 27:27-31)

Fourth Decade: Our Lord Carries the Cross to Calvary
(Matthew 27:32)

Fifth Decade: The Crucifixion of Our Lord (Matthew 27:33-56)

On Wednesday & Sunday, meditate on the “Glorious Mysteries”

First Decade: The Glorious Resurrection of Our Lord (John 20:1-29)

Second Decade: The Ascension of Our Lord (Luke 24:36-53)

Third Decade: The Descent of the Holy Spirit at Pentecost
(Acts 2:1-41)

Fourth Decade: The Assumption of Mary into Heaven

Fifth Decade: The Coronation of Mary as Queen of
Heaven and Earth

Conclusion:

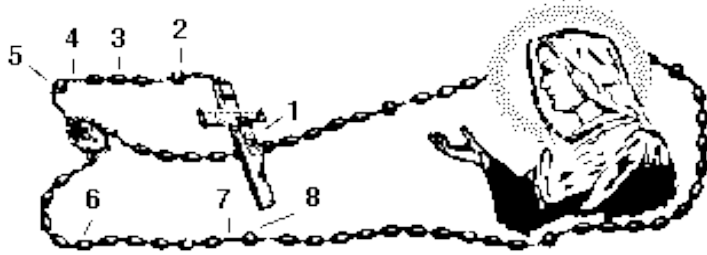
HAIL HOLY QUEEN (see page #9) Followed by:

O GOD, whose only-begotten Son by
His life, death and resurrection, has
purchased for us the rewards of eternal life;
grant, we beseech Thee, that by meditating
upon these mysteries of the Most Holy Rosary
of the Blessed Virgin Mary, we may imitate
what they contain and obtain what they promise,
through the same Christ our Lord. Amen.

Fatima Prayer

O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those who are in most need of Thy mercy.

Praying the Rosary



1. Make the **Sign of the Cross** and say the "Apostles' Creed."
2. Say the "Our Father."
3. Say three "Hail Marys."
4. Say the "Glory be to the Father."
5. Announce the First Mystery; then say the "Our Father."
6. Say ten "Hail Marys." while meditating on the Mystery.
7. Say the "Glory be to the Father."
8. Say the "Fatima Prayer".
9. Announce the Second Mystery; then say the "Our Father."
Repeat steps 6 & 7 , then continue with Third, Fourth and Fifth Mysteries in the same manner.
10. Pray the Conclusion.

On Monday and Saturday, meditate on the "Joyful Mysteries"

First Decade: The Annunciation of Gabriel to Mary (Luke 1:26-38)

Second Decade: The Visitation of Mary to Elizabeth (Luke 1:39-56)

Third Decade: The Birth of Our Lord (Luke 2:1-21)

Fourth Decade: The Presentation of Our Lord (Luke 2:22-38)

Fifth Decade: The Finding of Our Lord in the Temple (Luke 2:41-52)

On Thursday, meditate on the "Luminous Mysteries"

First Decade: The Baptism of Our Lord in the River Jordan
(Matthew 3:13-16)

Second Decade: The Wedding at Cana, when Christ manifested Himself (Jn 2:1-11)

Third Decade: The Proclamation of the Kingdom of God
(Mark 1:14-15)

Fourth Decade: The Transfiguration of Our Lord (Matthew 17:1-8)

Fifth Decade: The Last Supper, when Our Lord gave us the Holy Eucharist (Mt 26)

by recovering quickly and humbly from our temper tantrums and self-pity parties. Apologize, make reparation if necessary, brush yourself off (spiritually speaking), and get back in the saddle. This example of humility and confidence in God is powerful, and it will build trust with your children.

The Relevance of Jesus

The mere fact that you pray, and that your prayer impacts your life (helping you gradually grow in virtue and wisdom), is the first and most essential way to teach your children to pray. But it doesn't stop there. This example has to teach them not only the importance of prayer, but the method of prayer.

Prayer is more than saying prayers. **Prayer is a way of living out a personal relationship with Jesus Christ.**

Your children need to see in you a living friendship with Jesus Christ. One effective way for you to model this for your children is by praying for them, out loud, in your own words. If your children are young, you can do this while you put them to bed. After you tuck them in, you can sit on the bedside with your hand on them, and ask God to bless them, guide them, and protect them. This teaches your children that God is not an abstract force that has to be propitiated by going to Church or rifling through the Rosary, but that He is a real person, caring and present, with whom we can speak about what matters to us. Another way to teach them that prayer is a living relationship with God is by going off to pray at moments of tension or conflict. Cut off the heated argument (if it's getting heated it's not going to do any good anyway) and let your children know that you feel a need to go and pray about this. The message? God is relevant, present, active in your life.

The Domestic Church

Finally, don't be afraid to establish family traditions with regards to prayer. *Pray together as a family on a regular basis.* Even if your children are older and you have never had these kinds of traditions, start them and invite your children to join in them.

They don't have to be complicated, but if you pray together, you are teaching your children to pray. Grace before meals, a short prayer when you start a trip or go out the door, prayers before bed or morning prayers – why not do these together, as a family, involving everyone? Every Catholic family is called to be a domestic church, an outpost of Christ's Kingdom. By praying together as a family, you raise this awareness. Some families create a prayer room or prayer corner where they pray together, replete with candles, holy images, and even a small altar. Special prayer intentions for family members, relatives, or upcoming events can even be written down and placed on the family altar... These kinds of traditions may strike us as exaggerated, but think about it for a minute: are they? Only if the normal thing in life is to exclude God from our daily lives – and the fact that practices such as these disorient us at first glance shows that our secularized society has contaminated our world view. Again, the point isn't to turn every Catholic household into a monastery. Rather, the point is to make prayer as normal a family activity as eating – after all, it is as necessary for our soul's health as food is for our body's.

It may not be immediately clear how you can apply these ideas to your particular family situation. But don't worry. God wants your children to learn how to pray even more than you do. He is already at work in your child's heart. Whatever effort you make, however clumsy or small it may appear to you, will be turned to eternal good use by the Lord.

- Father John Bartunek, LC

"For me, prayer is a surge of the heart: it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy."

St. Therese of Lisieux

The Cantic of Simeon [Lk. 2:29-32]

Lord now you let your servant go in peace, your word has been fulfilled. My own eyes have seen the salvation which you prepared in the sight of every people: a light to reveal you to the nations and the glory to your people, Israel.

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most Holy.

Blessed be her Holy and Immaculate Conception.

Blessed be her Glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His Angels and in His Saints. Amen.

The Magnificat

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior for He has looked with favor on His lowly servant. From this day all generations will call me blessed: the Almighty has done great things for me, and holy is His Name. He has mercy on those who fear Him in every generation. He has shown the strength of His arm, He has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly. He has filled the hungry with good things, and the rich He has sent away empty. He has come to the help of His servant Israel for He remembered His promise of mercy, the promise He made to our fathers, to Abraham and His children forever.

Holy, Holy, Holy (Sanctus)

Holy, holy, holy, Lord, God of power and might.

Heaven and earth are filled with Your glory.

Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna to God in the highest.

Benedictus (Canticle Of Zechariah)

Blessed be the Lord,
The God of Israel;
He has come to His people and set them free.
He has raised up for us a mighty Saviour,
Born of the house of His servant David.

Through His holy prophets He promised of old
That He would save us from our enemies,
From the hands of all who hate us.

He promised to show mercy to our fathers
And to remember His holy Covenant.

This was the oath He swore to our father Abraham:
To set us free from the hands of our enemies,
Free to worship Him without fear,
Holy and righteous in His sight
All the days of our life.

You, My child shall be called
The prophet of the Most High,
For you will go before the Lord to prepare His way,
To give his people knowledge of salvation
By the forgiveness of their sins.

In the tender compassion of our Lord
The dawn from on high shall break upon us,
to shine on those who dwell in darkness
And the shadow of death,
And to guide our feet into the way of peace.

Spiritual Adoption Prayer

Jesus, Mary and Joseph, I love you very much. I beg you to spare
the life of the unborn baby that I have spiritually adopted who is in
danger of abortion. Amen.

My Prayer Commitment:

I will pray...

When I wake

Each morning

Before meals

After meals

Before bedtime

When I am scared

When I am glad

When I am feeling sad

When I feel God's love for me

When I see God's goodness in creation

When I am grateful

Pre-K

Sign of the Cross
Grace before Meals
Grace after Meals

Kindergarten

Glory Be
Our Father
Hail Mary
Guardian Angel Prayer/Angel of God
Spontaneous Prayer
Ejaculations

1st Grade

Now I Lay Me Down to Sleep
Morning Offering

2nd Grade

(1st Reconciliation & Communion)
Act of Contrition
Apostle's Creed
Mass Parts *(see the missalette)*
Rosary

3rd Grade

Hail Holy Queen
Eternal Rest

4th Grade

Stations of the Cross
Prayer to St. Michael

Prayer of St. Gertrude the Great

Eternal Father,
I offer You the most precious blood
of thy Divine Son, Jesus,
in union with the Masses said
throughout the world today,
for all the Holy Souls in Purgatory,
for sinners everywhere,
for sinners in the universal Church,
for those in my own home,
and in my family. Amen.

Queen of Heaven (Regina Caeli)

Queen of Heaven, rejoice. Alleluia. The Son whom you merited to
bear, Alleluia, has risen as he said, Alleluia. Pray for us to God,
Alleluia. Rejoice and be glad, O Virgin Mary, Alleluia! For
the Lord has truly risen, Alleluia.

Let us pray: O God, who through the Resurrection of your Son,
our Lord Jesus Christ, did vouchsafe to give joy to the world;
grant, we beseech you, that through his Mother, the Virgin Mary,
we may obtain the joys of everlasting life. Through the same
Christ our Lord. Amen.



Stations of the Cross

First Station:

Jesus is condemned to death

Second Station:

Jesus carries His cross

Third Station:

Jesus falls the first time

Fourth Station:

Jesus meets His mother

Fifth Station:

Simon of Cyrene helps Jesus carry His cross

Sixth Station:

Veronica wipes the face of Jesus

Seventh Station:

Jesus falls the second time

Eighth Station:

Jesus meets the women of Jerusalem

Ninth Station:

Jesus falls a third time

Tenth Station:

Jesus' clothes are taken away

Eleventh Station:

Jesus is nailed to the cross

Twelfth Station:

Jesus dies on the cross

Thirteenth Station:

The body of Jesus is taken down from the cross

Fourteenth Station:

Jesus is laid in the tomb

5th Grade

Act of Faith

Act of Hope

Act of Love

Prayer to the Holy Spirit

6th Grade

Anima Christi

Divine Mercy Chaplet

Memorare

Prayer for Priests

7th Grade

Agnus Dei (Lamb of God in Latin)

Angelus

Nicene Creed

Peace Prayer

Prayer of St. Gertrude the Great

Queen of Heaven (Regina Caeli)

Confirmation

Benedictus

Spiritual Adoption Prayer

Canticle of Simeon

Divine Praises

The Magnificat

Sanctus (Holy, Holy in Latin)



Note: This list does **not** mean that a prayer or prayers will be excluded from a lower grade.

Sign of the Cross – Mt. 28:19

In the name of the Father and of the Son and of the Holy Spirit. Amen.

Grace before Meals

Bless us, O Lord, and these Thy gifts which we are about to receive from Thy bounty, through Christ our Lord. Amen.

Grace after Meals

We give You thanks, almighty God, for these and all Your benefits. Almighty God, Who lives and reigns now and forever. Amen. (And may the souls of the faithful departed through the mercy of God, rest in peace. Amen.)

The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Our Father

Our Father, Who art in heaven, Hallowed be thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

The Hail Mary

Hail Mary, full of Grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Guardian Angel Prayer

Angel of God, my guardian dear, to whom God's love commits me here; ever this day be at my side, to light and guard, to rule and guide. Amen.

Spontaneous Prayer

Spontaneous Prayer rises unannounced from our hearts, often without words, usually in response to something God has done, whether it's a beautiful sunset or a random act of kindness by a complete stranger. 'Whether the prayer is expressed in words or gestures it is the whole man who prays.' CCC 2562

Ejaculations (short prayers) (see CCC 2637-2639)

Jesus meek and humble of heart, make my heart like Yours!	
Thank You, God.	
Jesus, I love You.	Precious Blood of Jesus, Save us!
God how great You are.	Immaculate Heart of Mary, pray for us!
Jesus, I Trust in You!	Sacred Heart of Jesus, have mercy on us!

Nicene Creed

I believe in one God, the Father Almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through Him all things were made.

For us men and for our salvation He came down from heaven, *and by the Holy Spirit was incarnate of the Virgin Mary, and became man.* For our sake He was crucified under Pontius Pilate, He suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and His kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified who has spoken through the prophets.

I believe in one holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

The Peace Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace,
Where there is hatred, let me sow love;
where there is injury, pardon; where there is doubt, faith;
where there is despair, hope; where there is darkness, light;
where there is sadness, joy;
Divine Master, grant that I may not so much seek to be consoled
as to console; to be understood as to understand;
to be loved as to love.
For it is in giving that we receive;
it is in pardoning that we are pardoned;
and it is in dying that we are born to eternal life. Amen

Agnus Dei (Lamb of God)

Agnus Dei, qui tollis peccata mundi, miserere nobis.
Agnus Dei, qui tollis peccata mundi, miserere nobis.
Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

Lamb of God, who takes away the sins of the world, have mercy on us.
Lamb of God, who takes away the sins of the world, have mercy on us.
Lamb of God, who takes away the sins of the world, grant us peace.
Amen.

Angelus

V. The Angel of the Lord declared to Mary.
R. And she conceived of the Holy Spirit.
Hail Mary, etc.....
V. Behold the handmaid of the Lord.
R. Be it done unto me according to Thy word.
Hail Mary, etc . . .
V. And the Word was made Flesh.
R. And dwelt among us.
Hail Mary, etc . . .
V. Pray for us, O Holy Mother of God.
R. that we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts;
that we, to whom the incarnation of Christ, Thy Son, was made
known by the message of an angel, may by His Passion and Cross
be brought to the glory of His Resurrection, through the same
Christ Our Lord.
Amen.



Now I lay me down to sleep

Now I lay me down to sleep, I pray the Lord my soul to keep. If I die
before I wake, I pray the Lord my soul to take. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers,
works, joys, and sufferings of this day for all the intentions of your
Sacred Heart; in union with the Holy Sacrifice of the Mass throughout
the world, in reparation for sins, the reunion of all Christians, and in
particular for the intentions of the Holy Father this month. Amen.

An Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do
wrong and failing to do good, I have sinned against you whom I should
love above all things. I firmly intend, with your help, to do penance, to
sin no more, and to avoid whatever leads me to sin. Our Savior Jesus
Christ suffered and died for us. In His name, my God, have mercy.
Amen.

Apostles' Creed

I believe in God, the Father the almighty, Creator of Heaven and earth,
and in Jesus Christ, His only Son, our Lord, who was conceived by the
Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was
crucified, died, and was buried; He descended into hell; on the third day
He rose again from the dead; He ascended into Heaven, and is seated at
the right hand of God the Father almighty; from there He will come to
judge the living and the dead. I believe in the Holy Spirit, the holy
catholic Church, the communion of saints, the forgiveness of sins, the
resurrection of the body, and life everlasting. Amen. CCC pp. 49-50

Mass Parts (see the missalette)

Rosary (see page #18)

Hail, Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope.
To thee do we cry, poor banished children of Eve: to thee do we send up
our sighs, mourning and weeping in this valley of tears.
Turn then, most gracious advocate, thine eyes of mercy toward us, and
after this our exile, show unto us the blessed fruit of thy womb, Jesus,
O clement, O loving, O sweet Virgin Mary:
Pray for us, O holy Mother of God. That we may be made worthy of the
promises of Christ. Amen.

Eternal Rest (Prayer for those who have died)

Eternal rest grant unto them, O Lord, and let perpetual light shine upon
them. May the souls of the faithful departed, through the mercy of God
rest in peace. Amen.

Stations of the Cross (page #14)

Prayer to St. Michael

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the Devil. May God rebuke him, we humbly pray. And do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who wander the earth seeking the ruin of souls. Amen.

Act of Faith

O my God, I firmly believe that you are one God in three divine Persons, Father, Son and Holy Spirit. I believe that your divine Son became man, died for our sins, and that He will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because you who have revealed them who are eternal truth and wisdom, who can neither deceive nor be deceived. In this faith I intend to live and die. Amen.

Act of Hope

O Lord God, I hope by your grace for the pardon of all my sins, and after life here to gain eternal happiness because you have promised it who are infinitely powerful, faithful, kind, and merciful. In this hope I intend to live and die. Amen.

Act of Love

O Lord God, I love you above all things, and I love my neighbor for your sake because you have promised it who are infinitely powerful, faithful, kind, and merciful. In this hope I intend to love and die. Amen.

Prayer to the Holy Spirit

V. Come, Holy Spirit, fill the hearts of Your faithful.

R. And kindle in them the fire of Your divine love.

V. Send forth Your Spirit and they shall be created, and You shall renew the face of the earth.

Let us pray: O God, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ, Our Lord. Amen. CCC 2671

The Anima Christi

Soul of Christ, sanctify me;

Body of Christ, save me;

Blood of Christ, inebriate me;

Water from the side of Christ, wash me;

Passion of Christ, strengthen me;

O good Jesus, hear me;

Within your wounds hide me;

Separated from you, let me never be;

From the evil one, protect me;

At the hour of my death, call me:

And close to you bid me;

That with your saints, I may be, praising you forever and ever.

Amen.

The Chaplet of Divine Mercy (see back cover).

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my Mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Prayer for Priests (by Therese of Lisieux)

O Jesus, eternal Priest, keep your priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with Your Precious Blood. Keep pure and unearthly their hearts, sealed with the sublime mark of the Priesthood. Let Your holy love surround them and shield them from the world's contagion. Bless their labors with abundant fruit and may the souls to whom they minister be their joy and consolation here and in heaven their beautiful and everlasting crown. Amen